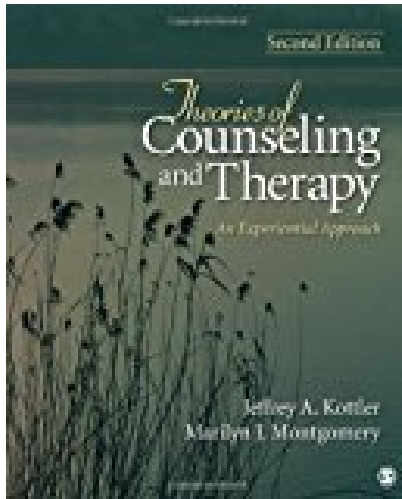


# Theories of Counseling and Therapy An Experiential Approach

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## BOOK DETAILS

- Author : Jeffrey A. Kottler
- Pages : 440 Pages
- Publisher : SAGE Publications, Inc
- Language : English
- ISBN : 1412979269

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## **BOOK SYNOPSIS**

A core text for courses on Theories of Counseling and Psychotherapy, this book represents an experiential approach to understanding and applying theory. It is written in a student friendly style that enables students to comprehend the various and complex theories, apply the material to their own lives (through the use of many reflective exercises in every chapter) and internalize the content of the course. The original edition was published by Pearson. The new edition will be updated and expanded. In addition, the new text will have more primary source material, theory in action boxes, and Voice of Experience boxes that feature experts from the field. In addition, a DVD of several clinicians demonstrating their theory in action will be included and sample lesson plans with primary source material, sample syllabus with class activities, a table showing how the textbook can be used to meet specific accreditation requirements, and practice quizzes for students will also be included.

### **THEORIES OF COUNSELING AND THERAPY AN EXPERIENTIAL APPROACH**

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