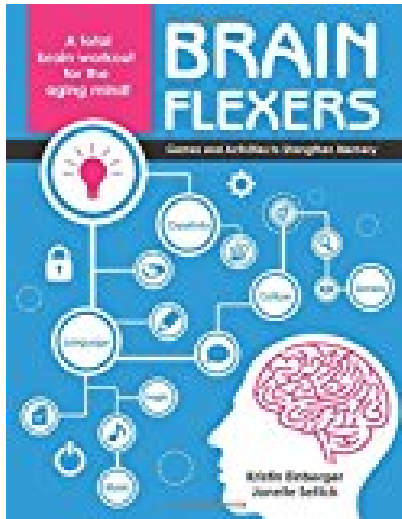


# Brain Flexers Games and Activities to Strengthen Memory

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## BOOK DETAILS

- Author : Kristin Einberger
- Pages : 224 Pages
- Publisher : Health Professions Press
- Language : English
- ISBN : 1938870379



## **BOOK SYNOPSIS**

Engage and support the elderly with advanced neurological conditions and Memory issues, Brain stroke, TIA, Alzheimer, Dementia, Aphasia.... This workbook contains Large dot-to-dot dot pictures with focus on conversational phrases. Simple word puzzles and Illustrative Math The wickedly funny and cheerful Father William in the poem "You are old" by Lewis Carroll, with connect the dot illustrations --entertains ! Sit-on-chair stretching exercises. Life for an elderly person with late stage neurological problems is not easy. There is rarely anything for them to do. These worksheets are designed to entertain ,engage and hopefully keep them cheerful. A possible benefit of doodling is that it could retain eye hand co-ordination and improve fine motor skills combining it with fun activities to help stimulate the mind. A font size of 24 points and above has been used to support the visually impaired. This is the Black and White edition

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