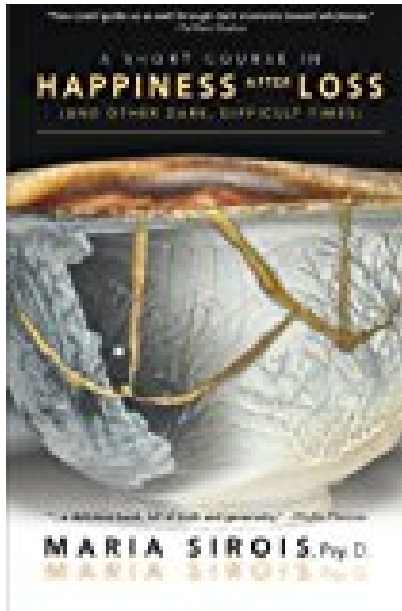


A Short Course in Happiness After Loss and Other Dark Difficult Times



BOOK DETAILS

- Author : Maria Sirois
- Pages : 178 Pages
- Publisher : Green Fire Press
- Language : English
- ISBN : 098619803X

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BOOK SYNOPSIS

A psychologist draws on her experiences working in a pediatric oncology ward to share the remarkable lessons she has learned from her young patients--playing relieves stress, it is okay to cry, love is not a cure but a powerful antidote to pain, look for ways to make each day special, and meaning in life comes from how we respond to what happens to us. 35,000 first printing.

A SHORT COURSE IN HAPPINESS AFTER LOSS AND OTHER DARK

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